

## Free Weekday Meals

**Breakfast** every day at Boulder Shelter 6:30-7:15.

*Coordinated entry required.*

### **Bridge House Community Table Meals:**

Sack meal served from Grace Commons Annex parking lot (1603 Walnut).

**Monday-Friday @ 5:00-6:00pm**

[www.boulderbridgehouse.org](http://www.boulderbridgehouse.org) 720-386-9002

**Harvest of Hope Food Pantry** 2960 Valmont Road  
Sack Lunch, Mon-Fri, Noon-2pm

**Tuesdays 2:30-4 pm**

"Feet Forward" at the Bandshell,  
Hot food, beverages, warm clothing, toiletries.

**Wednesdays 10:30 am**, at the Bandshell.

"Homeless Cares" breakfast: burritos, muffins, etc.

**Thursdays, 8:30-9:15 am** Lamb's Cafe

Grace Commons Annex, 1603 Walnut

**Monday, Wednesday, Friday 12:15** "Circle of

Love" (Not 8/18 or 8/20) At the Boulder Bandshell & along Boulder Creek. Hot soup, sandwiches, hard boiled eggs, socks, hats, gloves, hand warmers, bottled water.

## Free Weekend Meals

**2<sup>nd</sup> and 3<sup>rd</sup> Saturdays, OPEN 4 pm** : Journey Church dinner in the Park. 13<sup>th</sup> and Canyon near the Bandshell in Central Pk., OR Library if weather is bad.

### Sundays

**1<sup>st</sup> @ Noon:** St. John's Episcopal Ch., 1419 Pine

**2<sup>nd</sup> @ 12:30:** Trinity Lutheran, 2200 Broadway

**3<sup>rd</sup> @ Noon:** First U Methodist Ch., 1421 Spruce

**4<sup>th</sup> @ Noon:** First Congregational Ch., 1128 Pine

**5<sup>th</sup> @ Noon:** Grace Commons Ch., 1820 15<sup>th</sup>

**EVERY SUN. 5:00 pm:** Outdoor evening meal: Colorado FriendShip, parking lot of Justice Center at 6<sup>th</sup> & Canyon.

### FOODBANKS

**Harvest of Hope Food Pantry** 2960 Valmont Road, 720-382-1971. People with kitchens shop M-F 9-11 am, or Thurs. 4:30-6:30 pm

**Emergency Family Assistance Assn.** (EFAA)

1575 Yarmouth, 303-442-3042. Mon, Tues, Weds, Fri 12:30-4:30pm or Thurs 2-6pm

## Coordinated Entry (CE)

### **How to Access Adult Homeless Services in Boulder County under COVID Restrictions:**

Are you a homeless adult (18 +) with no children in your household? Do you need a safe place to sleep, shelter, or help with basic needs? Your first step to receiving services from Boulder County is by calling CE. This is a required step for anyone seeking homeless-related services. You will talk with a staff person and go through a short assessment. Based on that information, you will be referred to the most appropriate services given your needs. Services include shelter; help identifying housing options, basic-needs services, case management and more.

### **Coordinated Entry is walk in or call:**

Boulder M-F 10am-4pm (Tues 12-4) 303-579-4404  
Age Well Center 909 Arapahoe

### **What if I need help after CE hours?**

You may go to the Boulder Shelter 5-7pm  
You must complete the assessment at the next available time to access future services.

## Boulder Shelter for the Homeless

**4869 N. Broadway**

**303-442-4646**

**Coordinated entry is required.**

### **Walk-up Morning Services 6:00-8:00am**

Breakfast is 6:00-7:15 am, ends at 7:30 am

Showers and dorms close at 10am. Closed for Services 10am -5 pm. No pets.

**Free bus every day** From 11<sup>th</sup> & Walnut to BSH at 5 pm. From BSH back to 11<sup>th</sup> & Walnut at 8 am.

### **Mother House: The Lodge Emergency Overnight**

**Shelter for individuals who identify as women, transgender, or nonbinary.** HarHaShem Synagogue, 3950 Baseline Rd. (very south building thru the parking lot). Pre-registration available at [mother-house.org/lodge](http://mother-house.org/lodge). Walk-ups welcome. Doors open 7pm, do not arrive before 6:30.

**AUGUST 2021  
Edition**

# **A quick list of resources for people facing Homelessness in Boulder, CO**

**(a.k.a. The Handy Dandy Handout)**



Mile High United Way Info: Dial 211. is now a **COVID INFO HOTLINE** as well as a free number to call for help for any supportive services; Dial 211 or text zip code to 898-211

**Updated on 8/1/2021  
by Russ Teets  
Grace Commons Church**

# Resources

## Boulder County AIDS Project

- ❖ 2118 14<sup>th</sup> Street, 303-444-6121
- ❖ Free needle exchange M-F, 2:00-5:00 pm
- ❖ Free, rapid, & anonymous HIV, Hep C testing.
- ❖ Call for appt. Bilingual staff available.

## BCH Opioid & Chronic Pain Response

- ❖ Shelby Souther, Patient Navigator - 303-415-8659

## Boulder County Housing & Human Services

- ❖ Food stamps, TANF, Medicaid & Housing
- ❖ 3460 Broadway, Boulder, CO 303-441-1000
- ❖ 515 Coffman St., Longmont, CO (St. Vrain Hub)

**Boulder Police Dispatch: 303-441-3333**  
**Emergency: 911**

## Center for People with Disabilities

- ❖ 1675 Range St, Boulder, CO 80301, 303-442-8662
- ❖ Resources, information and advocacy to assist people with disabilities in overcoming barriers to living.

## Clothing and Personal Items

- ❖ **Deacons' Closet**
- ❖ at Grace Commons Annex Parking Lot,
- ❖ 1603 Walnut, **Thursdays** 9:00-10:30 am

## Community Circle with Elizabeth Stahl MA, Psychotherapist, A free group to support transition

- ❖ Tuesdays 11:30-12:30 pm on Zoom
- ❖ To enroll: 646-573-0195, **Must register first!** [www.elizabethstahlpsychotherapy.com](http://www.elizabethstahlpsychotherapy.com)

## Dental (Accepts medicaid)

- ❖ **Dental Aid** 4155 Darley Phone: 303 499-7010
- ❖ **Comfort Dental:** 4550 N Broadway, 303-848-2906
- ❖ **Comfort Dental:** 3400 Arapahoe, 303-444-2129

## Emergency Family Assistance Association (EFAA) All requests handled by phone

- ❖ 1575 Yarmouth, 303-442-3042
- ❖ Assistance with deposit or first month rent, food, furniture, minor medical & dental costs, short term housing, and transitional housing for **families**.
- ❖ Assistance for seniors, and people with disabilities.

## Boulder Community Health Foothills Hospital

- ❖ 4747 Arapahoe Avenue, 303-415-7000

## Mental Health Partners

**24/7 Walk-in Crisis Center & Addiction Services: Call 1-844-493-TALK; text TALK to 38255 or go to 3180 Airport Rd. Boulder CO**

- ❖ New clients and to schedule appts: Call 303-443-8500
- ❖ All other MHP locations currently closed for general entry.
- ❖ Clients should check with their provider/CARE team prior to their appointments regarding delivery of care as more in-person services are gradually phased-in.

## MESA Rape Crisis Hotline 303-443-7300

## Little Flower Maternity Home

- ❖ Free maternity housing for pregnant mothers 18+
- ❖ Free pregnancy test and resources.
- ❖ 720-609-2934

## Mother House 303-447-9602

- ❖ Residential program for pregnant women (18+)

## OUT Boulder, LGBTQ Community

- ❖ 2132 14<sup>th</sup> St. 303-499-5777

## People's Clinic & Clinica Family Health Services

- ❖ Open for urgent preventative appts. Pharmacy open.
- ❖ COVID testing, COVID vaccines, telehealth.
- ❖ M,W,F 8am-5pm, T,TH 8am-9pm
- ❖ 2525 13<sup>th</sup> St., Boulder, CO 80304 **303-650-4460**

## St. Benedict Health & Healing Ministry

**FREE CLINIC NO EMERGENCY SERVICES.**

## **Please call 303-669-2700 to check status**

- ❖ Doctor, Nurse, and Physical Therapist Visits.
- 12 noon-1:00pm (Coincides with Sunday noon meals)
- ❖ 1<sup>st</sup> Sunday-St. John's Episcopal Church
- ❖ 2<sup>nd</sup> Sunday-Trinity Lutheran Church
- ❖ 4<sup>th</sup> Sunday-First Congregational Church
- ❖ Sister Carmen Center—call for hours

## Safehouse Progressive Alliance for Nonviolence (SPAN) 24/7 Crisis Hotline 303-444-2424

- ❖ Counseling, legal advocacy, and support groups for survivors of domestic violence
- ❖ **Emergency safe shelter for survivors fleeing abuse**

## **SEVERE WEATHER SHELTER 720-663-9238**

**Closed starting June 1, 2021**

## **TGTHR (Formerly Attention Homes)**

- ❖ 3080 Broadway, 303-447-1207
- ❖ The Source Drop in Center—7 days/wk 12:30-5 pm for Hot meal, Showers, Clothing, Toiletries, Laundry, Internet, GED help, housing & employment help, clothing, counseling and more for **ages 12-24**.
- ❖ Overnight Shelter 5 pm each night. **(Ages 12-20)**

## **Social Security**

- ❖ 480 Dahlia St, Louisville CO 80027
- ❖ 1-800-772-1213 / 1-800-325-0778
- ❖ M,T,TH,F 9:00 am-4 pm, Wed. 8:00 am-12:00 pm

## **Street Paws (Emergency needs for Dogs and cats)**

- ❖ Call: 720-840-4636 (for pets of homeless clients)

## **Withdrawal Management**

- ❖ 3180 Airport Road, Boulder, CO 80301
- ❖ **303-441-1281**
- ❖ **Services offered: Detox and referral to substance abuse treatment programs.**

## **Transportation:**

### **RTD Bus Station**

**Local Buses:** 303-299-6000, Walnut & 14<sup>th</sup>

### **Community Cycles:** Refurbished bikes 720-565-6019

- ❖ 2601 Spruce St., Unit B, Boulder, CO 80301
- ❖ Th-Sun, 11am-4pm

### **VIA Mobility Services** 303-447-2848

**zTrip 303-699-8747** [ztrip.com/boulder](http://ztrip.com/boulder)

### **Veteran's Services**

#### **Boulder Vet Center: 303-440-7306**

4999 Pearl East Circle, 80301

Counseling & Referral, VA Benefits Explanation, and other services.

**VA Crisis Line: 1-800-273-8255**

**VA Homeless: 1-877-424-3838**

**Veterans Helping Veterans Now: 303-772-9777**

**Volunteers of America Bk Home: 720-501-3368**